



Week 1 & 3 Prestige Plus Nursery Menu

12months – 6 years of age

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08:00	Brown Porridge	White Porridge	Brown Porridge	White Porridge	Brown Mielie Porridge
Refreshment 10.00am	Water	Water	Water	Water	Water
Lunch 11.30 (Babies) 11:50 (3-6years)	Mash, beef, sweet carrots	Mac and Cheese	Chicken, Rice, butternut and beet salad	Spaghetti Bolognaise	Oven baked chips, Fish Fingers and baked beans
Afternoon snack 14:30pm	Peanut butter sandwich	French toast	Peanut butter sandwich	French toast	Peanut butter sandwich
Home time snack 16.30pm	Orange	Orange	Orange	Orange	Orange
Daily	Water in their individual marked bottles	Water in their individual marked bottles	Water in their individual marked bottles	Water in their individual marked bottles	Water in their individual marked bottles



Week 2 & 4 Prestige Plus Nursery Menu

12months - 6 years of age

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08:00	White Porridge	Brown Porridge	White Porridge	Brown Porridge	White Porridge
Refreshment 10.00	Water	Water	Water	Water	Water
Lunch 11.30 (Babies) 11:50 (3-6years)	Asian Fried Rice with Eggs	Mash, Beef, sweet carrots	Rice Chicken and Butternut/salad	Mash Potatoes, fish , sweet carrots	Spaghetti Bolognaise
Afternoon Snack 2:30pm	French Toast	Peanut butter sandwich	French Toast	Peanut butter sandwich	French toast
Home time snack 16.30pm	Orange	Orange	Orange	Orange	Orange
Daily	Water in their individual marked bottles	Water in their individual marked bottles	Water in their individual marked bottles	Water in their individual marked bottles	Water in their individual marked bottles