



Week 1 & 3 Prestige Plus Nursery Menu

12months – 6 years of age

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08:00	Brown Mielie Porridge	Cornflakes	Mielie Pap Porridge	Oatmeal	Brown Mielie Porridge
Refreshment 10.00am	Water Babies (Finger biscuit)	Water Babies (Fruit)	Water Babies (Finger biscuit)	Water Babies (Fruit)	Water Babies (Finger biscuit)
Lunch 11.30 (Babies) 11:50 (3-6years)	Mash, beef, sweet carrots	Pasta Fish Bake	Chicken, Rice, butternut and beet salad	Mac and Cheese	Oven baked chips, Fish Fingers and baked beans
Afternoon Snack 2:00pm	Yogurt	Fruit of the day	Yogurt	Fruit of the day	Jelly and custard
Home time snack 16:30	Peanut butter sandwich	Peanut butter sandwich	French toast	Peanut butter sandwich	Peanut butter sandwich
Daily Throughout the day	Water in their individual marked bottles	Water in their individual marked bottles	Water in their individual marked bottles	Water in their individual marked bottles	Water in their individual marked bottles



Week 2 & 4 Prestige Plus Nursery Menu

12months - 6 years of age

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08:00	Cornflakes	Brown Mielie Pap Porridge	Oatmeal	Mealie Pap Porridge	Cornflakes
Refreshment 10.00	Water Babies (Fruit of the day)	Water Babies (Finger biscuit)	Water Babies (Fruit of the day)	Water Babies (Finger biscuit)	Water Babies (Fruit of the day)
Lunch 11.30 (Babies) 11:50 (3-6years)	Asian Fried Rice with Eggs	Spaghetti Bolognaise	Rice Chicken and Butternut/salad	Mash Potatoes, fish coleslaw	Hot Dog and juice
Afternoon Snack 2:00pm	Fruit of the day	Yogurts	Fruit salad	Yogurt	French toast
Home time snack 16.30pm	Peanut butter sandwich	Peanut butter sandwich	Peanut butter sandwich	Peanut butter sandwich	Peanut butter sandwich
Daily	Water in their individual marked bottles	Water in their individual marked bottles	Water in their individual marked bottles	Water in their individual marked bottles	Water in their individual marked bottles